

Organisations at Westside Resource Centre

Galway City Partnership - Westside Project coordinate and support community work and participation in the Westside area and engage with numerous individuals, agencies and service providers to ensure the needs of the community are being met and to empower local people for positive change. (Contact Suzanne: 091-528325 or 086-0433376).

Big Brother Big Sister are an internationally renowned youth mentoring programme that forms friendships between a young person and an adult volunteer. This programme is operated in Ireland by Foróige, the national youth development organisation. The Galway regional office is based in the Westside Resource Centre. (Contact 091-554420).

WorldWide Global Schools is Ireland's national Global Citizenship Education (GCE) programme for post-primary schools. The aim of the programme is to increase the number of post-primary schools engaging in quality global citizenship education by providing a comprehensive range of supports and training.

Galway City Community Network is a network of community, voluntary and environmental organisations active in Galway City. The GCCN is the main link through which the local authority connects with the community, voluntary and environmental sectors. (Contact Ann on 087-9326467).

Self Help Africa works with rural communities to help them improve their farms and their livelihoods. (Contact Ronan on 087-6189094).

National Advocacy Service aims to provide independent advocates to people with disabilities who find it difficult to speak for themselves. (Contact 076-1073000).

Westside Crèche & Pre School is a community based childcare service which aims to support and assist families and children in the Westside area through the provision of accessible, affordable, high quality childcare. (Contact Pauline on 091-581707).

Community Work Ireland (CWI) Through our network of members CWI promotes and supports community work to address poverty, social exclusion and inequality. Our work includes developing and influencing policy, research and campaigning on issues of social justice. (Contact: info@communityworkireland.ie 091-528325 / 087-2998619 / 087-9326467).

MEAS Garda Youth Diversion Project is a community based and supported youth development project which seeks to divert young people from becoming involved (or further involved) in anti-social or criminal behaviour. These projects facilitate personal development and promote civic responsibility. (Contact Anthony on 086-0479707 or 091-554421).

OBAIR – Local Employment Service Network If you are out of work and looking for employment, training or educational opportunities, we can help. Our service is free, respectful and client-focused. All meetings are held in private. FOR FURTHER INFORMATION PLEASE CONTACT YOUR LOCAL OFFICE. Please Note: If you are in receipt of Job Seekers Allowance/Benefit, the Dept. of Employment Affairs & Social Protection will send you to us if deemed appropriate. (Contact Robert or Pádraig on 091-581955)

Epilepsy Ireland provides a professional information service to support and empower people with epilepsy and their families, who have problems coming to terms with the condition and its implications. (Contact Edel on 091-587640).

EPIC – Empowering Young People in Care in Ireland is an independent association for young people in care and with care experience. We provide information, advice and support as well as an independent advocacy service for young people in care, aftercare or with care experience. (Contact Brenda on 091-395605 or 087-6249344).

RISE Service is the provider of choice of person-centred, health and social care services that facilitate people who are disadvantaged to participate in the life of their local community in ways that match their choices, aspirations and needs. (Contact Louise on 086-8371638 or Louise.Kenny@Rehabcare.ie)



WESTSIDE NEWSLETTER

Supported by Westside Resource Centre and Galway City Partnership - Westside Project

Galway City Partnership
Comhairle/Cheannairdne na Gaillimhe
a tús le change
an tús le ceannairdne
Volume 10, Issue 1
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Epilepsy Ireland

Epilepsy Ireland has organised a number of events for Spring 2020.

On Monday **10th February** there will be a "Women & Epilepsy" Nurse Talk (<https://www.epilepsy.ie/content/galway-women-epilepsy-nurse-talk>) at **11am** in Westside Resource Centre and later that day the Epilepsy Information Stand will be in the Neurology Department at UHG **2-4.30pm**.

On Wednesday, **18th March** there will be a Carers (Epilepsy) Information & Support Meeting at **11am** in Westside Resource Centre

Healthy Ireland in Westside

Westside Resource Centre is delighted to announce that Healthy Ireland is coming back to Westside. Over the coming months, the resource centre will host two different physical activity courses and another round of the popular "Healthy Food Made Easy" course.

Details have yet to be finalised and further information will be available from Reception at Westside Resource Centre or online at facebook.com/westsideresourcecentre



Beginners Computer Course

Westside Resource Centre will run a 5-week computer course for complete beginners starting on Tuesday 11th February at 2pm. The fee for the course is €25 and registration is on a "first come, first served" basis as places are limited. Please come to Westside Resource Centre before the 11th to register.

Galway City Partnership / GRETB Classes

Galway City Partnership, in conjunction with Galway Roscommon Education and Training Board, are offering free classes to eligible participants. The courses on offer in Westside this Spring are Art, Cookery and Yoga.

The registration day for these courses will take place on Tuesday 18th February from 10am to 2pm in Westside Resource Centre. For more information, please contact Geraldine or Donnacha on 086-1424904 / 091-773466

GMIT Information Session

Thinking of Studying in GMIT? Dr. Seamus Morrissey of GMIT, will host an information session on 12th of February, 2020 - 6.30pm to 7.30pm in the Westside Resource Centre. If you have any queries you can ring Seamus on 085-8708612.

Weekly ISL Group

Every Thursday 2:45pm-4:15pm
in Westside Resource Centre H91 C1KX

All are welcome to come along to this informal group and learn or improve signing skills and knowledge of Deaf culture. Light refreshments provided.



Care Day 2020

EPIC – Empowering People In Care are once again celebrating Care Day on Friday 21st February 2020. Care Day is the world's largest celebration of children and young people with care experience. Care experience includes children and young people who are or were cared for by family members with the support of social workers; by foster carers; or children and young people from children's homes and residential units. They deserve to be celebrated, on Care Day, and every day.

Some of our wonderful TUSLA Children in Care teams and Foster Carers will be hosting events individually across the country and in the West, EPIC are holding a Care Day Seminar in GMIT Mayo Campus from 10am-1pm. To find out more about Care Day events see www.epic.ie #CareDay20 – A Global Celebration of Children in Care.



Artistic Greeting Cards

Westside Resource Centre's popular Greeting Card Collection has been reissued. The collection features work by artists in the local community and the cards are ideal for any occasion. A pack of 12 cards costs €10 and they are available from Westside Resource Centre. All proceeds go to support the work of the Resource Centre, which is a registered charity working to support the local community.



Art, Craft and Educational Classes

Meetings, Seminars & Social Gatherings



Meeting & training rooms available. Suitable for community and voluntary groups, residents associations etc. Reasonable rates.

Westside Resource Centre
Seamus Quirke Road

091-528325

DISCLAIMER: The opinions expressed in this newsletter are those of the author(s) of each individual piece and do not necessarily reflect the views of the Westside Resource Centre or Galway City Partnership.

For Us Now Women's Club

For Us Now Women's Club had a most enjoyable outing to Dail Éireann on 13th November 2019. The group was hosted by Hildegard Naughton T.D.



CE Vacancy Youth Work Assistant

CE Ref: 2133038

Youthwork Ireland Galway has a vacancy for a Youth Work Assistant under the Community Employment Scheme.

Duties include: supervision of young people from 10 to 21 in various project groups, facilitating a range of activities and programmes in Sport, Health Promotion, Education, Hobbies / Interests, Music and Regional / National Events. There will be some administration, facilitation of programmes, coaching of young people and opportunities at every turn for development.

To apply, please contact the **Community Employment Supervisor Fidelma Burke** on 087- 2346943.

Galway Dyspraxia Support Group

Galway Dyspraxia Support Group run morning and evening support group meet ups for parents/guardians and adult family members of children & young teens with DCD/Dyspraxia.

The Group meets once per month in Westside Resource Centre during term time.

For more information, visit the Galway Dyspraxia Support Group facebook page or email daigalway@gmail.com.

JOIN US
I want to know more



GCCN acts as a platform for the groups engaged in the community/voluntary, social inclusion and environmental sectors in the city and facilitates their representation on decision-making structures making the voice of the community heard. If you're interested in further details or joining us, visit www.galwaycitycommunitynetwork.ie or contact communications@gccn.ie



Galway City Community Network
Líonra Pobail Chathair Na Gaillimhe

Have you heard of
Galway City Community Network?



If you are a GCCN member and you have an event coming up and you wish to do up a short piece you can submit it for the GCCN Newsletter which goes out weekly to the 130 groups/organisations members of GCCN.

Contact communications@gccn.ie or check:

www.galwaycitycommunitynetwork.ie/news/submit-your-event

I am a
GCCN member
SUBMIT YOUR
EVENT



Rialtas na hÉireann
Government of Ireland



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