# Page 4) Organisations at Westside Resource Centre

#### Galway City Partnership - Westside Project

We coordinate and support community work and participation in the Westside area and are actively engaging with numerous individuals, agencies and service providers to ensure the needs of the community are being met and to empower local people for positive change. Activities supported by Galway & Roscommon Education & Training Board, HSE West and Galway City Council. (Contact Vernice: 091-528325 or 087-9303468).

#### **Big Brother Big Sister**

Big Brother Big Sister is an internationally renowned youth mentoring programme that forms friendships between a young person and an adult volunteer. This programme is operated in Ireland by Foróige, the national youth development organisation. The Galway regional office is based in the Westside Resource Centre. (Contact Andrea or Kate on 091-554420).

#### Westside Crèche & Pre School

Westside Crèche & Pre School is a community based childcare service which aims to support and assist families and children in the Westside area through the provision of accessible, affordable, high quality childcare. (Contact Pauline on 091-581707).

# EPIC – Empowering Young People in Care in Ireland

EPIC is an independent association for young people in care and with care experience. We provide information, advice and support as well as an independent advocacy service for young people in care, aftercare or with care experience. (Contact Brenda on 091-395605 or 087-6249344).

#### Epilepsy Ireland

Epilepsy Ireland provides a professional information service to support and empower people with epilepsy and their families, who have problems coming to terms with the condition and its implications. (Contact Edel on 091-587640).

#### Community Workers' Cooperative (CWC)

The leading national membership organisation that promotes and supports community work to address poverty, social exclusion and inequality. Our work includes developing and influencing policy as it affects communities living in poverty, research, campaigning on issues that affect communities experiencing poverty and inequality and supporting our members in their work for social justice at grassroots and national level. (Email: info@cwc.ie. Website: www.cwc.ie. Phone: 091-528325 / 087-2998619 / 087-9326467).

#### **MEAS Garda Youth Diversion Project**

The GYDP is a community based and supported youth development project which seeks to divert young people from becoming involved (or further involved) in anti-social or criminal behaviour. These projects facilitate personal development and promote civic responsibility. (Contact Ruairí or Anthony on 086-7741623, 086-0479707 or 091-554421).

#### **OBAIR – Local Employment Service Network**

If you are unemployed and in receipt of a Social Welfare payment, the LESN staff can assist you with free and confidential information and guidance to explore your options for work, education and training. We can also provide assistance with CV preparation, application forms and interview preparation. (Contact Mary or Pádraig on 091-581955).

#### **National Advocacy Service**

The National Advocacy Service aims to provide independent advocates to people with disabilities who find it difficult to speak for themselves. (Contact Rebecca or Andrea on 091-528325).

#### Gorta - Self Help Africa

Gorta - Self Help Africa works with rural communities to help them improve their farms and their livelihoods. (Contact Ronan on 087-6189094)







Westside Christmas Market will take place in Westside Resource Centre on Thursday 10<sup>th</sup> December. The annual market is part of the **Westside Christmas Market and Family Day** which is jointly organised by Westside Library, Galway City Partnership and Westside Resource Centre.

The market will open at 10:30am and run throughout the day until about 3:30pm. A beautiful range of products created by Westside community groups will be available for sale. The market is a great opportunity to source local, handmade gifts and treats for the festive season.

### New Directory of Services for Older People Launched

The Directory of Services for Older People was launched in Menlo Park Hotel on 3<sup>rd</sup> November last by Minister of State at the Department of Health, Kathleen Lynch TD.

The Directory is an initiative by Galway Age Friendly Older Persons Council and aims to provide a comprehensive source of information on services and support organisations.

Copies of the Directory of Services for Older People are available from Reception at Westside Resource Centre 091-528325. Meanwhile, Westside Library will host a very special concert of Christmas Carols performed by *Westside Voices* at 11am. For the children, there will be Face Painting from 11am to 12pm and Story Telling from 2:30pm to 3:15pm. All are welcome to come along and enjoy the festivities and the fun of the market.

The Christmas Market will conclude at about 3:30pm with seasonal refreshments, live music and the bumper Westside Christmas Raffle in Westside Resource Centre. Tickets for the Raffle will be on sale throughout the day. The proceeds from the market go towards supporting the local community groups.







Westside Resource Centre provides photocopying, faxing and laminating services to members of the public.

Westside Resource Centre, Seamus Quirke Road, Galway. 091-528325

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### Sacred Heart Parish Christmas Arrangements 2015

Thurs 24<sup>th</sup> Dec. **Christmas Eve** Mass and Blessing of the Crib 7:30pm.

Fri 25<sup>th</sup> Dec. **Christmas Day** Masses 10:00am and 11:30am. <u>No Evening Mass</u>

Sat 26<sup>th</sup> Dec. **St. Stephen's Day** Vigil Mass 5:30pm

Sun 27<sup>th</sup> Dec. Feast of the Holy Family Masses 10:00am and 11:30am

Thurs 24<sup>th</sup> Dec. Sacrament of Reconciliation 12:00-1:00pm and 3:00-4:00pm

### Mass Times for 2016

Monday to Friday: 10:00am Holy Days: 10:00am and 11:30am Sundays: (Vigil Mass Saturday 5:30pm) 10:00am and 11:30am

## Foróige's Big Brother Big Sister Programme Galway

Foróige's Big Brother Big Sister Programme is a mentoring programme matching up a caring adult to a young person aged between 10-18 years.

It involves giving up a couple of hours a week to hang out with and provide support to a young person in the community. The relationship is called a match and the mentor and "Little" are always of the same gender and have shared interests and hobbies.

In Galway we are always looking for people who would enjoy the challenge and benefit from being a "Big"....people who want to make a positive difference to the life of a young person.

To learn more about the programme and what is involved contact us at 091-554420, or check out www.foroige.ie/bbbs



Galway Tribal Radio is a not-for-profit community radio start-up for Galway City with a proposed transmission coverage out to Bearna, Menlo and Oranmore. The launch of the on-line side of the radio took place in Bank of Ireland, Mainguard Street on Saturday 28th November from 10am to 4pm. Galway Tribal Radio is interested in interviewing individuals and organisations regarding the services they provide, events planned etc, you can contact us at conorgtrfm@gmail.com

Galway Tribal Radio also has a number of vacancies available in various positions. Experience in radio is an advantage, of course, but more important is the desire to be involved in an exciting new community project. All we require is 2 - 4 hours minimum a week from anybody interested in creating a free and independent media for the city.

### Con Tempo Christmas Concert at Westside Library

Westside Library will host a Christmas Concert by Con Tempo on Tuesday 15<sup>th</sup> December at 4:00pm. The event is free and all are welcome.



Westside Men's Club Photography Course 2015



# Vacancy for CE Participants

Shantalla Community Development Company runs a Community Employment Scheme. We currently have 4 vacancies and we are advertising for anyone looking to join the CE Scheme.

All those who are interested should contact our office at St. Joseph's Community Centre on 091-529779 or our supervisor Pat Small on 087-2646807. *Project Reference (601441868)* 

Shantalla Community Development Company Ltd. St. Joseph's Community Centre, Shantalla, Galway.

## Free Customer Service Skills (FETAC)

Galway City Partnership will be running a free Customer Service Skills (FETAC Level 4) Course in the Westside Resource Centre starting in January, 2016. The course will be run one morning a week, over 3 months. If you are currently unemployed and interested in this course please contact Seamus at 091-773466.

### Westside Youth Project

Westside Youth Project provides after-school activities for young people aged 10-21 years. Activities at the moment include: Samba Drumming, Arts and Crafts, Homework Club for 1<sup>st</sup> year students, Multicultural Cookery and Multicultural Arts.

Jive is the Youth Café for older teens (15-18 years) based in the Westside Family Services building on Wednesday and Thursday evenings 7-8.30pm. Come in for a game of pool, a chat and a cuppa, music or if you fancy cooking or baking come in and give it a go!

For more info on any of our activities please contact Isabel 087-9141522 or Maria 087-

2363021. Check us out on Facebook to see what's going on!



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www.facebook.com/youthworkirelandwestside

DISCLAIMER: The opinions expressed in the contents of this newsletter are those of the author(s) of each piece and do not reflect the view of the Westside Resource Centre or Galway City Partnership - Westside Project.