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Organisations at Westside Resource Centre

Galway City Partnership - Westside Project

Galway City Partnership - Westside Project coordinates and supports community work and participation in the Westside area. The project is actively engaging with numerous individuals, agencies and service providers in the area to ensure the needs of the community are being met and to empower local people for positive change. Activities are supported by City of Galway VEC, HSE West and Galway City Council. (Contact Sidikat on 091-528325 or 087-9303468).

Big Brother Big Sister

Big Brother Big Sister is an internationally renowned youth mentoring programme that forms friendships between a young person and an adult volunteer. This programme is operated in Ireland by Foróige, the national youth development organisation. The Galway regional office is based in the Westside Resource Centre. (Contact Andrea or Kate on 091-554420).

Self Help Africa

Self Help Africa works with rural communities to help them improve their farms and their livelihoods. (Contact Ronan on 087-6189094)

Westside Crèche & Pre School

Westside Crèche & Pre School is a community based childcare service which aims to support and assist families and children in the Westside area through the provision of accessible, affordable, high quality childcare. (Contact Pauline on 091-581707).

Epilepsy Ireland

Epilepsy Ireland provides a professional information service to support and empower people with epilepsy and their families, who have problems coming to terms with the condition and it's implications. (Contact Evelyn on 091-587640).

Involve

Involve provides programmes, initiatives and services that promote the participation and inclusion of the Traveller Community in Irish Society. (Contact Tracy or Louise [Salthill Youth Project] on 087-1810196).

MEAS Garda Youth Diversion Project

The GYDP is a community based and supported youth development project which seeks to divert young people from becoming involved (or further involved) in anti-social or criminal behaviour. These projects facilitate personal development and promote civic responsibility. (Contact Adrian or Anthony on 086-7741623 or 086-0479707).

OBAIR - Local Employment Service Network

The Local Employment Service Network (LESN) provides a free voluntary information, guidance and support service to people who are unemployed in Galway City. (Contact Mary or Pádraig on 091-581955)

National Advocacy Service

The National Advocacy Service aims to provide independent advocates to people with disabilities who find it difficult to speak for themselves. (Contact Greg or Andrea on 091-528325).

Westside Resource Centre provides meeting and training space for numerous local and national community and voluntary groups and educational organisations.

The **Westside Men's Group** is one such local community group and it has been based at Westside Resource Centre for many years. The Men's Group meet at the Resource Centre on a regular basis and have been staunch supporters of the Westside Arts Festival since it began nine years ago.

Westside Resource Centre provides photocopying, faxing and laminating services to members of the public.

Westside Resource Centre, Seamus Quirke Road, Galway, 091-528325



DISCLAIMER: The opinions expressed in the contents of this newsletter are those of the author(s) of each piece and do not reflect the view of the Westside Resource Centre or Galway City Partnership - Westside Project.



WESTSIDE NEWSLETTER



Volume 3, Issue 2

Supported by Westside Resource Centre and Galway City Partnership - Westside Project



Special Summer Edition Westside Arts Festival 17th to 20th July 2013



It's high summer and it's time for the Westside Arts Festival. This is the ninth year of the festival and yet again the line-up of events and activities is truly impressive. This year the action begins with a range of festival 'preevents'. The **Open Mic** event will take place at Westside Library on Wednesday Evening the 17th July. This popular event is a great opportunity for local writers to read their work to an appreciative audience. So come along on the night!

The Westside Art Exhibition will be on display at Westside Resource Centre from Wednesday 17th to Saturday 20th July. The exhibition will be formally opened on Thursday evening at 7pm and this will be followed by light refreshments and music at the Resource Centre's 'Community Café'. The art exhibition provides a showcase for artists of all ages and talents who live and work in the Westside Area.

On the evening of Friday 19th July, proceedings move up a gear as our Official Opening Ceremony is performed by our special guest of honour. The opening ceremony will be followed by a Children's Talent Show at the Westside Community Centre. There will also be entertainment for the adults as the Cinemobile rolls into town with a showing of a Classic Movie.

Saturday 20th July is the real high point of the festival and there will be an Amazing Range of Free Workshops & Events to be enjoyed by both adults and children. Everything from Facepainting, Storytelling, Arts & Crafts to Flower Arranging and Gardening. Some events will take place outdoors close to the Westside Library and Westside Community Garden whilst most of the workshops will take place indoors at either the Westside Resource Centre, Westside Community Centre, Westside Family



Services, Westside Library or the Westside Football Pitches. For those who still have the energy, Saturday evening will be rounded off with the **Youth Disco** (under 12s) at the Westside Community Centre.

Westside Arts Festival is a voluntary community event orgainised by representatives of Westside Resource Centre, Galway City Partnership, Westside Age Inclusion, Westside Family Services, Westside Library, Presentation National School and many local Community Groups and Volunteers.

Westside Family Services

Westside Family Services are a team of HSE staff who work with families through difficult times in their lives and provide intensive support to those who need it. We aim to provide a service to families within their own homes and communities, to build on their strengths and help them to overcome difficulties. We offer practical and emotional support and advice to parents around any problems parents may have in dealing with their children.

The service is provided to parents and children from 0-18years and is open Monday-Friday 9.30am-5.30pm. Families must live in either the Newcastle, Westside or city centre areas.

Contact: Orla Curran, orlam.curran@hse.ie or at 527568, or call to the project at Seamus Quirke Road, beside the Community Centre.

Presentation National School

Scoil Chroí Íosa (known locally as 'the Pres') welcomes all to a happy, safe and supportive learning environment, inspired by Christian values in the Presentation tradition, where all feel equal, respected and valued. Presentation National School supports Westside Arts Festival. For details please contact 091-525904 087-9403984 / scoilchroiiosa@gmail.com



Meetings, Seminars

«L Social Gatherings



Your local Resource Centre hosts a wide variety of different functions and courses.

Westside Resource Centre

091-528325

Bright & Spacious Office Available To Rent

Our office is fully decorated and carpeted and would be suitable for one, two or possibly three workers & workstations. Full details are available on request.

Westside Resource Centre provides high quality serviced offices to community, voluntary, not-for-profit, educational and charitable organisations.

Our offices provide finished 'ready to go' accommodation in modern purposebuilt surroundings.

Contact

* Short term flexible leases available. *

Westside Age Inclusion

(091)528325

Westside Age Inclusion Ltd was established in February 2002 to deliver services to older people (over 55) who live in the Westside area of Galway City. The project aims to improve the quality of life and well-being of its client base by identifying and working directly with older people in their homes.

The Westside Social Club was set up in 2011 as a joint initiative by Westside Age Inclusion, Westside Resource Centre, COPE Galway and Westside CDP to cater for the needs of older people in the area. We meet every second Wednesday in the Westside Resource Centre between 1pm and 4pm. Clients enjoy a hot meal and activities and we can also pick up clients from their homes. This summer Westside Age Inclusion will be running an art class for older people.

If you are interested in any of the above services, please contact Nichola Tierney on 091-589861 to book a place.

Westside Community Groups

The Westside Craft Group meets every Monday morning from 9.30am to 12.30pm in the Resource Centre. We've just finished a basket making and a fascinator hat making course; both of which were really enjoyable. The group has lots of fun doing all kinds of different crafts and we will be working together making products for the Christmas market. A display of our work will be on show for the duration of the Westside Arts Festival.

Westside Community Garden 'It's been a long time coming'...but Summer is here and the community garden is bursting into life, with spuds, cabbages, onions, parsnips and salads all coming up. We now have a new pathway running right through the garden with a paved area in the centre, plus a shed to store all our tools etc. Our new wooden raised beds are ready to be installed and our fantastic new herb

garden is also taking shape. The work goes on - but the coming season promises a bumper crop! All are welcome to call in - Wednesdays 10 until 12 - to find out more!

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The Westside Community Patchers meet every Thursday morning from 10am until 12 noon. Over the past year, the ladies have been busy with different projects. In September last year we started our patchwork for the Christmas market that takes place every December in the Resource Centre. Earlier this year, the group completed a patchwork quilt which was donated to Cancer Care West. The group attended the festival of quilts held in Galway at the beginning of June. The group is also going to the world festival of quilts in Birmingham (England) in August. Everyone is welcome to come and see us any Thursday morning and share a chat and a cuppa with us.

Interested In Doing a Course this September?

Galway City Partnership and City of Galway VEC have been involved in organising courses in the Westside Resource Centre the last three years and we will be running courses again this September. With this in mind, Galway City Partnership will host an information morning on the types of courses that may be available to you. The information morning will take place in the Westside Resource Centre on Thursday 22nd of August running from 10am to 1pm.

The information morning will be an opportunity to drop in and find out about courses that will be happening in the Westside Resource Centre in September. Eligibility for these courses includes being in receipt of a social welfare payment and living in the Westside area. For further information and to register your details please contact **Róisín**Galway City Partnership Comhpháiríocht Chathair na Galltim or **Seamus** on

or **Seamus** on **086-0433376**.

Westside Library



Westside Library - open for nearly 10 years - is a well used and very popular facility in the area. The library is open to all: Tues-Wed 11-8 and Thurs-Sat 11-5. We lend over 110,000 books annually. The library is free to children and senior citizens with a nominal annual charge for adults and students. Other services include a reference library, audio books, newspapers and magazines, internet access, book clubs, class visits, story-time hour, readings, talks and exhibitions. Newcastle Active Retirement and the For Us Now Women's Group are two of the groups that regularly use our facilities. Call in and visit your library, meet the staff and check out some books!

For further information, contact 091-520616 or westside@galwaylibrary.ie