

Courses & Events Scheduled for Spring 2020

<u>Course</u>	<u>Provider</u>	<u>Details</u>	<u>Contact</u>
Kumon Maths & English	Denise Heneghan	Monday 3pm-6.30pm Tuesday 3pm-6.30pm Thursday 3pm-5.30pm	086 8285780
The Open Door	Westside Resource Ctr.	<u>First Tuesday</u> of Every Month From 10.30am	091 528325
Breastfeeding Support Grp	La Leche	4 th Thursday of the Month 10am-12pm	091 793964
Endometriosis Support Grp	Aoife	1 st Thursday of the Month 7pm-8.20pm	089 4636427
Creative Writing	Kevin Higgins	Wed 12 th Feb 10.30am-12.30pm	087 6431748
Yoga	Trish Connolly	Wednesday 3pm-4pm & 7pm-8.30pm	086 3964073
Tai Chi	Richard Whitfield	Thursday 6pm-7pm	083 3699761
Computer Classes	Westside Resource Ctr	2pm-4pm (Day to be confirmed)	091 528325
Craft of Writing	Charlie Adley	Thursday 19 th March 7.15pm-9pm	085 7294204
Write-On Group	Frank Fahy	Thursday 7pm-9pm	086 2269330
Carers Network Ireland Open Information Clinic	Ronah Corcoran	Friday 10am-12pm	087 3459086
Parent First Aid	Peter Finnegan	14 th January 7pm-9pm	087 2453387
Health & Safety Courses	OHSS	Dates to be confirmed	091 563207

Please contact the course providers for full details